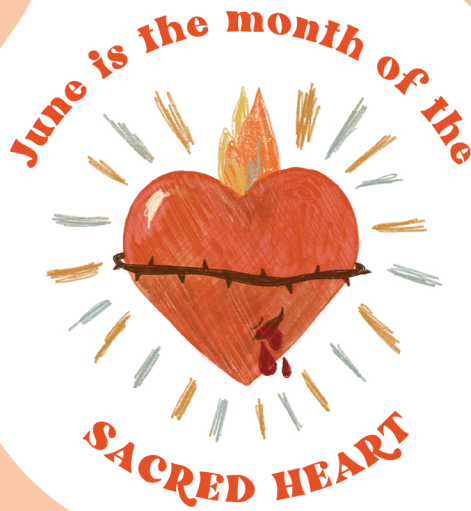


The sacred heart is a **symbol** of Jesus being both human and divine.

It's also an ancient Catholic **devotion**. In 1302, St. Gertrude experienced a vision where Christ allowed her to rest her head near the wound in the Savior's. She heard the beating of the Divine Heart.

In the 1600s, St. Margaret Mary Alacoque - who was a French nun - experienced visions of Jesus where she, too rested her head on Jesus' heart. She wrote down her apparitions, which were published and widely read.



In 1899, Pope Leo XIII solemnly **consecrated the entire world** to the Sacred Heart.

On June 1, 2008, Pope Benedict XVI encouraged Catholics to "renew devotion to the Sacred Heart of Christ in the month of June."

When is the feast day of the Most Sacred Heart?

It's celebrated 19 days after Pentecost. This year, that's June 19, 2020.

What is a prayer we can say together?

Most Sacred Heart of Jesus, I put my trust in You.



J D R T M O T P Z H F M L O V
T V E E L A W A N C I L M O J
L R O V G O L X A P T E D Q M
J I O B O A G N I S S E L B A
I L W F C T S I U M T W K V R
U U V O M U I V C R K Z V A G
B M Q W S O V O A K Z H K J A
F U E E I L C E N A F W J Y R
E J J R P N H I M X V V X A E
G U O P C D W M K Q G F X M T
U N D M E Y K X C F U Q S E S
F E N R A P P A R I T I O N S
E H C Z V U Z W T Q W Y L D T
R A O A E P G K X W K R H L P
S H X N D W Z A N P E A C E A

ALACOQUE	MARGARET
APPARITIONS	MERCY
BLESSINGS	PEACE
COMFORT	REFUGE
JESUS	SACRED
JUNE	HEART

**Our hearts are restless
until they rest in You.**

ST. AUGUSTINE OF HIPPO