



Words of Affirmation

A handmade card or handwritten letter telling your mom just how much she rocks will bring a smile to her face and maybe a few tears to her eyes. Tell her she's not forgotten and you notice how much of an impact she makes.



Gift Giving

I often find the best loved gifts are both practical and beautiful. How about a Marian tea towel, zipper pouch or scrunchy made by our good friend (and local mama) at Meadowcress Boutique? These gifts for mom will remind her of our heavenly mother every time she uses them.



Quality Time

Take a cooking class together. Spend an afternoon of relaxation and pampering. Or spend no money at all and take a hike or visit the art museum. The point is to show mom she's worth some undivided time and attention.



Acts of Service

If mom is always taking care of others, take care of mom for the day. Cook her a meal (and clean up the kitchen afterward). Do a load (or two or three) of laundry. Don't forget to fold it and put it away! The idea is to carry some of the burden she usually shoulders on her own.



Physical Touch

Sometimes the best gifts are also the simplest. Remember to give mom a hug when you see her today. Pray the Rosary with her and hold her hand in prayer.